

Mount Vernon Gazette



MOUNT VERNON'S HOMETOWN NEWSPAPER • A CONNECTION NEWSPAPER

AUGUST 22, 2019



Looking out on the Potomac river from the front of the Mount Vernon estate home of President and Mrs. Washington.



Mount Vernon Friends Volunteer Martijn Rasser.

PHOTOS BY GERALD A. FILL/THE GAZETTE

Estate Friends Celebrate Washington's Legacy

Once again this past Sunday, the history and loyalty to the legacy of George and Martha Washington was celebrated on the grounds of the Mount Vernon Estate. In a way the first President and his wife might have very much enjoyed it, approximately 800 people attended the annual Neighborhood Friends Family Night Picnic.

Wagon rides, history tours of the grounds and

home, music, a raffle, and buffet food were all held in the beautiful setting on the shore of the Potomac. Since 1987, the Mount Vernon Estate has provided the residents living on George Washington's original five farms (Mansion House, Muddy Hole, River, Dogue, and Union) an opportunity for the Estate friends to celebrate their support of George Washington's legacy of leadership and country.

— GERALD A. FILL



Tracy Hutchison, volunteer and co-chair of the Mount Vernon Neighborhood Friends Steering Committee.



Don Francisco, in traditional costume, part of "Patriotic & Fife, Flute, Whistle & Panpipes, Drum: A historical musical presentation."



Mount Vernon Friends Volunteer Matt Gannon

8/23/19
REQUESTED IN HOME
MATERIAL:
TIME-SENSITIVE
POSTMASTER:
ATTENTION

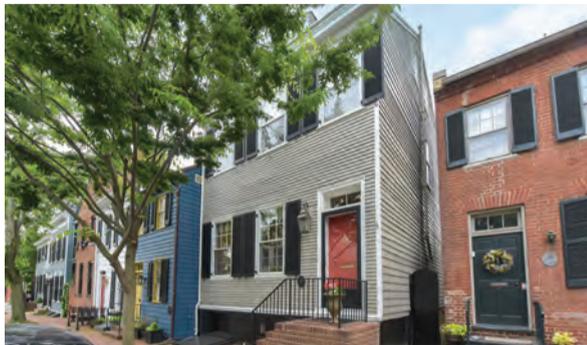
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#WeAreAlexandria



Old Town | \$2,250,000

Historic semi-detached, 2.5 story, 1852 clapboard house with 5 parking space and 6 fireplaces. Main living and entertaining areas include double parlor, formal dining room, and eat-in country kitchen. 5 bedrooms, 2 full and 2 half baths, and secluded rear garden.

Sally Z. Harper 703.517.2849
www.SallyZHarper.com



Rivergate | \$1,749,000

Waterfront home in sought-after community features sweeping views of the Potomac River & the park. Largest model with 3 bedrooms & 4.5 baths features an elegant living room along with an updated gourmet kitchen opening to light filled family room.

Pat Day 703.850.7934
Mason Montague Bavin 703.338.6007



Old Town | \$1,695,000

This circa 1877 all-brick Victorian gem is fully detached on a double lot with an exquisite lush walled garden and 2 off-street parking spaces. Formal entertaining spaces perfect for small or larger gatherings. Please call today for a private showing!

Colleen Coopersmith 703.338.2930
www.ColleenCoopersmith.com



Beverly Forest | \$955,000

All brick, five-bedroom, two-and-a-half-bath detached home with a wonderful addition (think lovely kitchen and master bedroom suite). Located on a cul-de-sac. Driveway parking. Tour online: HayesWoodHomes.com

610 Pullman Place
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Villamay | \$898,000

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Catherine Davidson 703.201.1998
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OPEN SUN 8/25, 2-4

Belle Haven on the Green | \$649,000

4-level Avon model in luxury townhome development! This 4-bedroom home includes a master suite with brand-new, custom luxury bath, sitting room & 2 walk-in closets. Open main level floor plan and lower level family room/bedroom suite. 1806 Duffield Lane

Janet Catterson Price 703.622.5984
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Old Town | \$824,900

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OPEN SUN 8/25, 2-4

Woodbridge | \$324,900

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Sue Dickerson 703.380.0153



Fairfax | \$645,000

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New Hope Housing Thanks Volunteers

At annual Appreciation Breakfast.

Haircuts. Homes. Meals. IDs. Voter registration. On Saturday, Aug. 10, New Hope Housing recognized six individual and five group volunteers for providing all of these things and more to homeless individuals and families in Northern Virginia at its annual Volunteer Appreciation Breakfast held at First Christian Church in Falls Church.

Keller Williams Metro Center was named Community Champion for representing the values of New Hope Housing in the community and creating new partnerships and opportunities. Beginning with Keller Williams - Old Town Alexandria's CEO, Kate Papkin, accepted the award for Keller Williams Metro Center.

Paul "Spud" Willis is a barber at The Neighborhood Barbershop in Falls Church who has recruited coworkers and friends to give free haircuts and shaves to guests at the Bailey's Crossroads Community Shelter for more than two years. Willis is known for his skill and big smile as he gives guests the best cut of their lives. His outreach also led The Neighborhood Barbershop to host a 25-hour Cut-A-Thon last November that raised over \$12,000 for the shelter.

Ravi and Chanda Athale received the Vol-



PHOTOS FROM NEW HOPE HOUSING

New Hope Housing recognized six individual and five group volunteers for helping homeless individuals and families at its annual Volunteer Appreciation Breakfast.

unteer of the Year award. For many years, they have helped fund and operate a medical clinic in India every year but began looking for ways to volunteer locally. They first visited the Bailey's Shelter in March 2018 and quickly began volunteering at nearly all of New Hope Housing's programs. Since that meeting, they have taught life skills classes and led workshops on medical topics. Ravi Athale mentors a resident at a group home, and they both join New Hope at fundraising events, bringing friends and family to learn about the organization, and they involve their own organization, Reach In Us (www.reachinus.org).

Their main activity is working weekly with the children's program at Sherwood

Hall Library every Tuesday evening. Chavon Bell, New Hope Housing Family Case Manager said, "The time and dedication that Ravi and Chanda have devoted to our children's program is beyond incredible. They bring innovative ideas to keep the children engaged and excited about learning."

Susan Kuhbach has volunteered weekly at the Eleanor U. Kennedy Shelter for more than two years. Kuhbach works with the case management team, helping to file guest documents, and keep guest records easily accessible and organized for staff. Kuhbach has also volunteered in the shelter kitchen — making sure guests are served with a smile, and with the children's afterschool reading program.

Bruce Horovitz has been volunteering every Wednesday in the kitchen at the Bailey's Crossroads Community Shelter for the past year. He helps prepare and serve meals throughout his service day. Kitchen staff shared that "he has such a big heart and we're extremely grateful that he chooses to share it with us."

Les Gemmes Inc. - Northern Virginia Chapter is the local chapter of this service organization founded by four young black college women in Norfolk, Va. in 1955. They can always be counted on to volunteer for special events or host a special donation drive to help shelter guests. In the past four years, they have participated at Giving Hope breakfasts, spring events, and annual Black History Month Celebrations. They also host special collection drives. They have collected winter jackets, back-to-school supplies, and household goods. Les Gemmes asks what is needed by New Hope residents before hosting a drive. They want to give residents exactly what they need.



Paul "Spud" Willis, barber, The Neighborhood Barbershop, and Leo Patrician, volunteer coordinator, New Hope Housing.



Sami Smyth, New Hope Housing; Ravi Athale; Chavon Bell, New Hope Housing; Chanda Athale; and Pam Michell, New Hope Housing.

The mission of the national Spread the Vote organization is to help people have what they need to vote, which usually starts with an ID. Two local chapters, Springfield/Alexandria and Falls Church/Arlington, have been doing that and more for shelter guests and street outreach clients. Danica Hawkins, outreach case manager for Bailey's Shelter, said that volunteers from Spread the Vote "fights to solve the puzzles" of how people without ID can legally obtain birth certificates, social security cards, and more so that they can get jobs and housing. Clients regularly speak of the volunteers' kindness and patience with them at the DMV. Because of their efforts, a large number of homeless and formerly homeless people "are able to participate in our democracy through the power of voting, which is truly one of the most empowering things."

Indomitable Women 4 Agape Life (IW4AL) prepares and serves dinner at the Kennedy Shelter multiple times a year.

SEE APPRECIATING, PAGE 13

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NEWS

Arrests Made in Murder

Three men from the Alexandria section of Fairfax County and a juvenile are facing charges related to the death and improper burial of a juvenile whose body

was discovered in North Hill Park on May 23.

Armando Dagoberto Reyes Reyes, 27, was charged with murder and abduction on July 2. Two other men, Cesar Antonio Ochoa Carillo, 20, and Doroteo E. Diaz Martinez, 20, have also been arrested and charged with unlawful disposal of a dead body in this same case.

The juvenile was charged with gang participation.

All three men are currently being held at the Fairfax County Adult Detention Center without bond. The juvenile is in the custody of the Fairfax County Juvenile Detention Center.

According to the Fairfax County Police, the department did not ini-



Armando Dagoberto Reyes Reyes



Cesar Antonio Ochoa Carillo



Doroteo E. Diaz Martinez

tially release information about these arrests to avoid compromising investigative leads. This delay allowed detectives to track down Reyes Reyes and the juvenile who had both fled to Florida. The police worked with members of the Fort Lauderdale Police Department, the Broward County Sheriff's Office and the United States Marshals Task Force to apprehend these suspects. Upon their arrest, detectives were following new leads and feared prematurely releasing information that would inhibit their ability to effectively investigate the case to its entirety. This is an active investigation and detectives continue to investigate the circumstances of the homicide.

CRIME REPORT

The following information was provided by the Mount Vernon District Police Station.

DESTRUCTION OF PROPERTY: 3415 Lockheed Boulevard (Hybla Valley Elementary School), Aug. 17, 4:29 p.m. Officers saw two juveniles exiting the closed school and running away. Both juveniles were quickly arrested. The two boys had entered the closed school and damaged property. Petitions were sought for trespassing and destruction.

ROBBERY: 7200 block of Parsons Court, Aug. 17, 1:25 a.m. The victim was approached by a man who told him the victim owed him money. The victim felt threatened and relinquished his wallet to the suspect. The suspect took \$5 and gave the wallet back to the victim. The victim watched the suspect walk back into his apartment. Officers responded and arrested a 22-year-old man from Alexandria. He was charged with robbery.

ROBBERY: 3300 block of Pelican Place, Aug. 15, 7:56 a.m. A man was walking in the area when he was approached by a man and a woman. The male suspect dis-

played a knife, demanded his wallet and the couple ran away. The man is described as black, in his 30s, wearing a black shirt and black pants. The woman is described as black, in her 20s, with orange hair, wearing a black shirt and black pants.

AUG. 21 LARCENIES

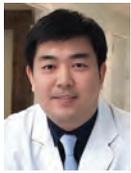
1500 block of Belle View Boulevard, cash and checks from business
7900 block of Richmond Highway, merchandise from business
7700 block of Richmond Highway, merchandise from business
2000 block of Belle View Boulevard, purse from vehicle
5800 block of Cameron Run Terrace, wallet from location

AUG. 19 LARCENIES

2200 block of Huntington Avenue, cell phone from location
3100 block of Jackies Lane, cash from vehicle
3100 block of Lockheed Boulevard, merchandise from business
7600 block of Range Road, gun from residence
6300 block of Richmond Highway, catalytic converter from vehicle
7700 block of Richmond Highway, power tools from business
7800 block of Richmond Highway, merchandise from business
8200 block of Richmond Highway,

SEE CRIME, PAGE 5

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Boulevard To Celebrate Her 100th

Mrs. Vivian Boulevard will celebrate 100 years of age on Sept. 3, 2019. Born in 1919, she is the proud mother of six children and lives in the original home built by her husband, the late William Boulevard, in the Spring Bank Community of historic Alexandria.

She enjoys family time and good preaching at Mt. Calvary Baptist Church.

Birthday Cards may be sent to: 2301 Emmett Drive, Alexandria, VA 22307 or SpringBankMom@gmail.com.

Mrs. Vivian Boulevard.



PHOTO COURTESY OF CATHY BOULWARE

Local Candidate Forum Planned

The League of Women Voters of the Fairfax Area will hold a Mount Vernon District Candidate Forum on Wednesday, Sept. 4, at 7 p.m. The event will be held at the Sherwood Regional Li-

brary, 2501 Sherwood Hall Lane, Alexandria. This event is free and open to the public, and questions for the candidates will come from the audience. Questions can be submitted in advance by accessing: www.surveymonkey.com/r/LWVFA2019.

CRIME REPORT

FROM PAGE 4

purse from location
8700 block of Richmond Highway,
cell phone from location
8800 block of Richmond Highway,
merchandise from business

AUG. 16 LARCENIES
2900 block of Arlington Drive, merchandise from business
7800 block of Richmond Highway,

beer from business
3300 block of Southgate Drive, license plate from vehicle
STOLEN VEHICLES
7900 block of Bluebird Lane, 1999 Ford F15

AUG. 15 LARCENIES
7800 block of Colonial Springs Boulevard, property from residence
3100 block of Lockheed Boulevard, bicycle from location

5800 block of Monticello Road, property from residence
6300 block of Richmond Highway, cell phone from location
3700 block of Shannons Green Way, cash from residence

AUG. 14 LARCENIES
7600 block of Richmond Highway, purse from vehicle
8600 block of Richmond Highway, merchandise from business

IT'S HAPPENING THROUGHOUT THE NATION, VIRGINIA, AND HERE IN FAIRFAX COUNTY...

OPIOID CRISIS COMMUNITY DISCUSSION & DINNER

Join us for a panel discussion with representatives from Fairfax County Health Department, Community Services Board and a person in recovery from opioid dependency

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6:30 PM TO 8:30 PM
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ALDRSGATE.NET/NEWS/UMM-DINNER/
COST \$7

You'll learn: the signs and symptoms of heroin use; the warning signs that people often miss; what you need to know when you or a loved one is prescribed an opioid after an injury/surgery/dental work; and how to get help for yourself or someone you love.

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Tell us what you think
submit your Letter to the Editor to editors@connectionnewspapers.com



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Alex./Mt. Vernon \$499,900
8541 Mt. Zephyr Dr.
Great price for this lovely two level solid all-brick home with garage on 1/3 acre in Mt. Vernon community. 3 Bedrooms, 2 Baths. Renovated eat-in kitchen, spacious and open, with sliding glass doors to private backyard. Charming front living room with ample windows, and wood burning fireplace with white, colonial style mantel. Spacious lower level has finished family room w/ 2nd fireplace and a bonus workroom. Conveniently located near Ft. Belvoir (10 mins), GW Parkway and Potomac River, Old Town Alexandria, Pentagon, and D.C.



Alex/Oxford \$1,149,900
4201 Kimbrelee Court
Spectacular all-brick colonial home w/2 car garage on a cul-de-sac in exclusive Mt. Vernon waterfront community of Oxford. Partial water views and a beautiful multi-tiered deck. Five bedrooms & 4.5 baths. Grand 2 story foyer entryway. Large eat-in kitchen w/numerous upgrades & double butler pantry. Formal living & dining rooms. Family room off kitchen w/brick fireplace. Library on main level w/built-in bookcases. 4 bedrooms & 3 baths on upper level, huge master suite w/large luxurious bath. Fully finished lower level w/5th bedroom & full bath, exercise, tv, & game rooms. Newly refinished hardwood floors. Recent updates include new roof (2019), new windows (2019), new deck (2018) High-end kitchen appliances (Wolf double oven; Subzero refrigerator). Main & lower level HVAC replace 2016. Backyard fence ('16). It's a wonderful home!



Alex/Mt. Vernon Forest \$647,400
9209 Volunteer Drive
Beautiful 2 lvl, 3BR, 3BA Split on a spectacular, landscaped .6 acre lot. Meticulously maintained & updated, i.e., roof replaced 2001, w/30 year shingles, furnace & A/C 2013, Superior Triple Paned Windows 2001, kitchen is open to the dining rm & has a lovely ceramic tiled floor & granite counters. Baths all updated in the past 3 yrs. Master bedrm expands into previous #2 bedrm & has a huge walk-in closet. The master bath is large & gorgeous. Finished lower lvl offers a huge (12x18) #3 bedrm & lovely L-shaped family rm w/wood burning FPL, also large & very organized laundry & utility rooms. The lower lvl walks out to a lovely, beautiful bkyd which backs to private woods. Great location for commuting-5 mins to the back gate of Ft. Belvoir (S), 15 mins to Old Town, Alexandria (N), & 30 mins (N) to Reagan National Airport - This is a Great Buy!!!



Alex/Wessynton \$549,900
3102 Cunningham Drive
Investors or Homeowners who want to build sweat equity: here it is! Solid bones but needs a total make over. Popular model (The Meadow) in sought after water oriented Wessynton community of contemporary homes. 4 bedrooms, 3 Baths, large kitchen, separate dining room, living room with fireplace. Master suite. Family Room w/fireplace. Lots of storage and workspace in basement. Amenities include tennis courts, community swimming pool, walking paths, and boat ramp on Little Hunting Creek which flows to the Potomac River. A half mile to Mount Vernon Estate and the George Washington Parkway.



Alex/Riverside Estates \$629,900
3120 Little Creek Lane
This is the Yorkshire everyone has been waiting for...Stunning& beautifully updated 4BR, 2.5BA Colonial w/2 car garage and spectacular yard backing to the woods. Roof, gutters, & HVAC 2019, HWH 2015, updated kitchen & baths w/ceramic, granite, & SS. Beautifully refinished hdwd floors on main & upper levels, freshly painted interior & new carpet in finished lower level. 5 minutes to Ft. Belvoir, 15 minutes to Alexandria, Old Town, 28 mins to National Airport & 30 minutes to the Pentagon! This is a gem!!



Alex/Riverside Estates \$583,000
8318 Cherry Valley Lane
Popular updated "B" model Colonial w/4BRs, 2.5BAs, 2 gas FPLs & a single car garage, all on a beautifully landscaped lot. Numerous updates: refinished hardwood floors on main & upper levels, freshly painted interior, double pane windows & a delightful screened porch overlooking a beautiful bkyd. Family rm on main level w/a gas FPL & a 2nd gas FPL in the finished basement. 10 mins to Ft. Belvoir- 30 mins to Natl' Airport. This market is hot so come on over & take a look.

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Facebook, Libra, and Future of Money

BY JASON KRATOVIL
FAIRFAX COUNTY CONSUMER
PROTECTION COMMISSION

With an estimated 2.5 billion users worldwide, the recent announcement by Facebook that it is developing a new currency is a big deal. If it takes off in the coming years, it has the potential to disrupt banking, payments, and the way people and businesses move money around the globe. Let's be more specific: Facebook is developing a new cryptocurrency called "Libra" and a digital wallet called "Calibra," which will be governed by a Swiss nonprofit association backed by companies like Visa, Mastercard and Uber.

Confused? Let's try to make sense of this. First, let's start with some basics. Think of a cryptocurrency (you may have heard of Bitcoin, for example) as a purely online form of money. Unlike cold, hard cash, cryptocurrencies do not rely on banks for either their role as a trusted party and place to store money, or to provide the means to move funds globally. They are also unregulated, and their value is not backed by a central government.

Paying for something with a cryptocurrency

relies on a huge network of computers to publicly validate each transaction for everyone to see, building a digital paper trail in a way that is very transparent, secure and unalterable. It's also much faster and cheaper than the way money moves today.

However, there are a number of challenges cryptocurrencies face to gain wide acceptance: Because they are not backed by a government, cryptocurrencies like Bitcoin have no inherent value, and are thus extremely volatile. As they are unregulated, investors can be reluctant to put money into a system without rules, and consumers may not want to risk making transactions in a system without recourse if something goes wrong. Also, because it's easy to be anonymous online, cryptocurrencies like Bitcoin are popular mediums of exchange for people looking to bypass the rules or engage in illicit activities.

The value of Libra, on the other hand, will be linked to several more stable currencies — like the U.S. dollar — which would certainly help avoid the wild swings in value Bitcoin investors have endured. And the founders of Libra have announced plans to form a self-regulatory structure and have oversight by a European regulator to help ease those concerns.

But perhaps the biggest challenge for Libra is the albatross of Facebook's poor reputation.

Not many policymakers trust Facebook after their numerous high-profile privacy missteps and well-documented abuses of consumer data. With Facebook-targeted privacy legislation and antitrust talk heating up on Capitol Hill, it's no surprise that the Libra announcement was given an icy reception by policymakers and regulators.

There is a silver lining for consumers: If Facebook and Libra can resolve the trust questions and find a way to exist within a government-regulated framework, Libra could end up being a cheap, safe way for the two-thirds of Americans on Facebook and all of Facebook's services (Instagram, WhatsApp, etc.) to buy and sell things, and send money to friends. More important, Libra has the potential to reach the large population of consumers around the globe that don't have traditional bank accounts, but do use digital devices with Internet access.

Even with an initial launch planned by mid-2020, Libra is likely many years away from being part of our daily lives. As I wrote in my last column, financial innovation is not without its challenges, but often presents tremendous opportunity. This could certainly be the case for Facebook's Libra.

The writer, who resides in Mount Vernon, serves on the Fairfax County Consumer Protection Commission.

CONSUMERS IN FOCUS

LETTERS TO THE EDITOR

Need Gun Safety Laws

To the Editor:

I am very tired of the blood bath plaguing our nation because of the cowards in Congress who are beholden to the NRA. George Souza [Letter, "Clarifying Gun Issues, Mt. Vernon Gazette, Aug. 15] wants to defend the present state of matters.

The proof of a desperate need for gun control is in the numbers: 35,000 to 40,000 gun deaths a year; our traveling a path to 300 gun massacres this year; 250 to 300 million guns in the United States; and the most telling, a majority of the population who want a ban on assault weapons.

I don't really care if Mr. Souza or others like him believe the label of "assault" is correct.

If the man in Dayton could kill 9 people and wound 26 in the 13 seconds before the police shot him, then the lethality of the gun he used can be called an assault weapon.

The 22 dead in the El Paso Walmart in time measured in minutes, not to mention with the killer's admission of his targeting people of color, speaks volumes in favor of changing gun laws. Even more recently, six police officers were wounded in Philadelphia by a man who had a cache of weapons and ammunition.

NRA would have us believe its interpretation of the Second Amendment, but that interpretation lacks all resemblance to the truth. Universal background checks promote national safety and infringe on no one's freedom. Universal registration of every single gun and owner promotes safety and is not an infringement on freedom.

Legislating the safe storage of guns in homes or anywhere protects children and adults who don't know the danger of a gun or how to handle it can keep those people from harming themselves and others. Demanding training and licensing of all gun users promotes safety and is no more than we expect from every vehicle driver for their use of a mode of transportation. Considering guns are intended to be lethal in their use, registration, licensing, and training are the least that should happen, although not all that should be done for common sense gun safety.

None of us should have to wonder whether we, our family members, our friends, our neighbors, or unknown people across the country will be killed or wounded because some person with a love affair with guns dreamed up a motive to attack places we go to everyday.

William Zaccagnino
Alexandria

Joke of 'Non-partisan'

To the Editor:

It is high time Virginia changed its election laws to eliminate the requirement that School Board elections be "non-partisan." This requirement is truly one of the biggest jokes in election law.

Truth be told, a candidate for a School Board seat is extremely unlikely to be elected without an endorsement by a political party. The mechanism that makes this possible relies in principal part upon the general ignorance of voters. Candidates seek the endorsement of a political party even though the party affiliation does not appear on the ballot. Why do they do this? The reason is simple: If a candidate has obtained the endorsement of a political party, that party prints out sample ballots to be handed to voters at the election site and those candidates who have obtained that party's endorsement have their names appearing on the sample ballot as the people who the party recommends should receive the vote. Ignorant voters, who may not even have previously known who is running for office, carry that sample ballot into the voting booth and vote for the endorsed candidates.

Ilryong Moon has been a member of the Fairfax County School Board for longer than Marion S.

"Mayor for Life" Barry, Jr. was mayor of the District of Columbia. Prior to this year, he received the endorsement of the Democratic Party and his name appeared on their sample ballot. This year, the Democratic Party did not endorse him. Interestingly, the Democratic Party requires those seeking its endorsement to sign a pledge stating that if they do not receive the endorsement, they will not run for the position. After Mr. Moon did not receive the Democratic Party endorsement, he resigned from the Democratic Party and rumor has it he is considering running for re-election to his at-large position as an Independent. If he does so, he will not appear on the sample ballot of the Democratic Party but, there is concern among Democrats that he will siphon off enough votes from the candidates endorsed by the Democratic Party, given that he is well-known, to permit more Republican-endorsed candidates to be elected.

The pledge the Democratic Party requires possible endorsees to sign, that they will not appear on the ballot if they are not endorsed by the Democratic Party, puts the lie to the notion that School Board elections are non-partisan. To the contrary, they are extremely partisan. Is anyone surprised that Karen Corbett Sanders will be endorsed by the Democratic Party and have her name printed on

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NEWS DEPARTMENT:
gazette@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Jean Card
Production Editor
jcard@connectionnewspapers.com

Andrea Worker
Contributing Writer
aworker@connectionnewspapers.com

Jeanne Theismann
jtheismann@connectionnewspapers.com
@TheismannMedia

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk
Display Advertising/National Sales
703-778-9444
debfunk@connectionnewspapers.com

Julie Ferrill
Real Estate, 703-927-1364
jferrill@connectionnewspapers.com

Helen Walutes
Display Advertising, 703-778-9410
hwalutes@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Classified & Employment
Advertising
703-778-9431

Publisher
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Editor in Chief
Steven Mauren
Art/Design:
Laurence Foong, John Heinly,
Ali Khaligh
Production Manager:
Geovani Flores

CIRCULATION
Circulation Manager:
Ann Oliver
circulation@connectionnewspapers.com

A Connection Newspaper



PEOPLE

Jackson Casey Memorial Scholarships Awarded

The Fort Hunt Youth Athletic Association announced the winners of the 2019 Jackson Casey Memorial Scholarships earlier this summer. The scholarships are in memory of Jackson Casey, an FHYAA athlete who died in 2011. Jackson participated in lacrosse, basketball and football and was a good teammate and friend to many fellow players. Jackson's legacy, talent and sportsmanship will be remembered by those he touched.

The winners are:

❖ MyKaila Hairston, attended South County High School and will be attending Hampton University in the fall 2019 where she will study Business Administration. She was involved in Fort Hunt Basketball as well as the Cheerleader Program.

❖ Michael Hood, attended Mount Vernon High School and will be attending The United States Merchant Marine Academy. As a midshipman he will be trained in marine engineering, navigation, maritime law, and many other tasks of running a large ship. Michael was a participant in the Fort Hunt Football and Lacrosse programs.

"Not only are these special young adults, but it was a joy reading about how sports and competition shaped their lives," said Sean Casey, the father of Jackson Casey.

The two winners were selected from a pool



Winners of the 2019 Jackson Casey Memorial Scholarships are presented their \$3,000 scholarship checks at Carl Sandburg Middle School on June 22. From left are Paul Dean (president of Fort Hunt Youth Athletic Association), MyKaila Hairston from South County High School, Michael Hood from Mount Vernon High School, and Sean Casey, father of Jackson Casey.

of applicants, all of whom were asked to describe in 750-1,200 words the life lessons they learned through their participation in Fort Hunt youth athletics. Applicants were required

to have participated in an FHYAA sport at some point in their career. Applicants came from eight area high schools and represent 23 colleges from coast to coast.

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Good Shepherd Catholic Church International Festival - Three Days of Celebration

8710 Mount Vernon Highway, Alexandria VA 22309

Saturday, August 31, 2019

- 5K Race and 1 Mile Fun Run Fun and fitness for a great cause! Sign up online today, go to: gs-cc.org
 - Yard Sale Early Bird Entry, 8am - 9am, \$10
 - Regular Entry, 9am - 2pm, free

Sunday, September 1

- Join us for Mass (see schedule at gs-cc.org)

Monday, September 2 Festival Day!

- 11am - 5pm Food, music, games, bingo, raffle, entertainment & more! • Free admission
- Food and some activities require ticket purchase

- Parking & shuttle at Mt. Vernon HS.

No pets except service animals
Win \$10,000! Raffle Tickets on Sale
at the Festival!

Net proceeds go to charities.

Visit gs-cc.org for information.



RICHMOND HIGHWAY

Bus Rapid Transit (BRT)



PUBLIC INFORMATION MEETING

Tuesday, September 17, 2019

Bryant High School (Gym), 2709 Popkins Lane, Alexandria

Open House 6:30-8:30 PM, Presentation 7 PM

- fairfaxcounty.gov/transportation/richmond-hwy-brt
- fairfaxcounty.gov/alerts ("Richmond Highway BRT Project Updates")

Fairfax County is implementing a bus rapid transit (BRT) system along North Kings Highway and Richmond Highway from Huntington Metrorail Station to Fort Belvoir. At this meeting, the project team will share information about the system design and potential property impacts. Please join us to learn more and give your input!

In compliance with the National Historic Preservation Act (Section 106 and 36 CFR, Part 800), information concerning the potential effects of the proposed project on properties listed in or eligible for listing in the National Register of Historic Places will be provided in the project's environmental documentation and will be available for comment at this meeting.

Fairfax County Department of Transportation (FCDOT) ensures nondiscrimination in all programs and activities in accordance with Title VI of the Civil Rights Act of 1964 and the Americans with Disabilities Act (ADA). If you need this information in an alternate format, contact FCDOT at 703-877-5600, TTY 711.

Free translation, transportation, and childcare are available, if requested by September 10:

- Spanish translation will be available for the presentation and meeting displays. If you would benefit from translation to another language, those services can be requested by contacting FCDOT at 703-877-5600, TTY 711.
- Requests for shuttle transportation and on-site childcare can be made by contacting Maria Franco-Nativi at 703-704-6700, TTY 711, or by email at maria.franco-nativi@fairfaxcounty.gov. Shuttle transportation is offered from Sacramento Neighborhood Center, South County Government Center, and Hybla Valley Elementary School, and on-site childcare can be made available for children over the age of 3.



The Richmond Highway BRT project is funded in part by the Northern Virginia Transportation Authority.

ENTERTAINMENT



Music Director James Ross



Rita Sloan, Pianist Featured Artist: Oct. 5-6



Alan Richardson, Cellist Featured Artist: Oct. 5-6



Nicholas Tavani, Violinist Featured Artist: Oct. 5-6

Alexandria Symphony Unveils Season

ASO presents familiar classics and reintroduces forgotten voices.

The Alexandria Symphony Orchestra (ASO) has released its 2019-2020 season, featuring Music Director James Ross. The season offers familiar masterworks, music by living and diverse composers, including five women composers, and a world-premiere commissioned original composition.

For the season opener, Oct. 5-6, Ross has arranged his own “Imaginary Symphony,” drawing from movements by four composers across centuries and continents. Each movement is part of a cohesive symphonic work that reflects on war and peace, commemorating the 75th anniversary of D-Day. The program also features Beethoven’s Triple Concerto with soloists Rita Sloan (piano), Nicholas Tavani (violin) and Alan Richardson (cello). Tavani and Richardson perform frequently as members of the famed Aeolus Quartet, and Sloan has performed with many distinguished artists and ensembles throughout the United States.

Ross welcomes cellist Wolfgang Schmidt for Elgar’s Cello Concerto on Nov. 16-17. Also joining the

ASO, the Alexandria Choral Society and Fairfax Choral Society will present Lili Boulanger’s Old Buddhist Prayer. Contrasting the serenity and turmoil of the first half, the concerts conclude with Dvořák’s optimistic Symphony No. 8.

The ASO presents a holiday concert on Dec. 14-15 with the Nutcracker two ways: excerpts from Tchaikovsky’s suite, and Duke Ellington’s version with video realizations following the story of an African-American girl from Harlem. Also on the program, the prelude to Hänsel and Gretel and Rodrigo’s Concierto de Aranjuez, rendered for harp with soloist Morgan Short, the 2019 Mary Graham Lasley Scholarship Competition winner. Both performances will be offered one hour earlier with no intermission.

The program on Feb. 15-16, 2020 conjures a serenade at sunset. Castelnuovo-Tedesco’s Concerto in D major features classical guitarist Berta Rojas while Mozart’s Serenata Notturna evokes Austrian party music. Maestro Ross premieres his own arrangement of Florence Price’s String Quartet in G major, ex-



Wolfgang Schmidt, Cellist Featured Artist: Nov. 16-17

panded for string orchestra, and the concert concludes with Schubert’s Fifth Symphony.

ASO’s season finale on May 16-17, 2020 is a salute to the power of storytelling and celebration of diverse voices.

The concert opens with a world premiere, Tribute, by Baltimore Symphony’s percussionist Brian Precht, who was commissioned by Classical Movement’s Eric Daniel Helms New Music Program for the Alexandria Symphony Orchestra



Morgan Short, Harpist Featured Artist: Dec. 14-15

and ASO Sympatico. The concert intensifies with Gabriela Lena Frank’s Three Latin-American Dances and culminates with Rimsky-Korsakov’s death-defying saga, Scheherazade.

The 2019-2020 season is supported by the Virginia Commission for the Arts, the National Endowment for the Arts, the Alexandria Commission for the Arts, Classical Movements and Renner & Company CPA, PC.

The Alexandria Symphony Or-



Berta Rojas, Guitarist Featured Artist: Feb. 15-16, 2020

chestra performs Saturday evenings (8 p.m.) at Rachel M. Schlesinger Concert Hall and Arts Center and Sunday matinees (3 p.m.) at the George Washington Masonic Memorial. Season subscriptions start at \$90. Single-ticket prices range from \$20 to \$85 for adults, \$5 for youth and \$10 for students. Military, senior and group discounts are also available. To order tickets and for more information, visit www.alexsym.org or call 703-548-0885.

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Registration Open: NVSO. The Northern Virginia Senior Olympics features more than 60 events that challenge the mind as well as the body. New games this year: jigsaw puzzle and line-dancing. The games run Sept. 14-28. There will be no on-site registration. Paper registrations, available at most local recreation and senior centers, must be postmarked

by Aug. 24. Online registrations must be completed by Aug. 31 at www.nvso.us.

Art Exhibit: “Some Like It Hot.”

Through Aug. 25, gallery hours at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. Potomac Fiber Arts Gallery presents its juried show, “Some Like It Hot” featuring work by artists and craftspersons influenced by the weather and the beautiful colors of the summer season. Themed work will be eligible for recognition by the jurors. Non-themed work may also be exhibited. Free admission. Visit

www.Potomacfiberartsgallery.com or call 703-548-0935.

Creative Summer Programs.

Through Aug. 31 at Del Ray Artisans, 2704 Mount Vernon Ave. Del Ray Artisans’ Creative Summer Programs is a series of workshops exploring the arts. Learn techniques in photography (macro and SmartPhone), painting, sculpture, mixed media, jewelry-making, sketching, and more; and discover how to use art for affirmation, communication, and intention. Details and registration at DelRayArtisans.org/programs/creative-summer/.

Art Exhibit: Fresh Meat. Through Sept. 1, gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. “Fresh Meat” features artwork by Del Ray Artisans’ newest members from 2018-2019. “Fresh Meat” highlights new faces and new techniques. Visit DelRayArtisans.org/event/fresh-meat for more.

Art Exhibit: Piercings, Clay Body Art and Carving. Through Sept. 1, gallery hours at Scope Gallery, Studio 19 of the Torpedo Factory Art Center, 105 North Union St. The season is shaping up to be steamy as designs are working out, clay bodies are shaping up, donning some fierce

detailing in “Piercings, Clay Body Art and Carving.” Ceramic Guild art becomes less hippie and more hipster as artists go epic with an aggressive take on decoration outside the bowl. Call 703-548-6288 or visit www.scopegallery.org.

Art Exhibitions. Through Sept. 15, Wednesday-Sunday, 11 a.m.-7 p.m. at Torpedo Factory Artists @ Mosaic, 105 District Ave., Fairfax. For the first time, the Torpedo Factory Artists’ Association is sharing its gallery space with a group of student artists. The Torpedo Factory Artists @ Mosaic is a satellite gallery sponsored by the Torpedo Factory

ENTERTAINMENT



COURTESY OF NATIONAL PARK SERVICE

Jones Point Lighthouse

Jones Point Meetup

Join a national park ranger to explore the long history of this little piece of land and see the last remaining inland lighthouse on the Potomac River, once a beacon to boat captains and commerce on the river. Tuesdays through Sept. 24, 11 a.m.-noon at Jones Point Park, Jones Point Drive. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/playourvisit/jonespoint.htm for more.

Artists' Association. Visit www.torpedofactoryartists.com/mosaic/ for more.

❖ "Make Your Mark" is part of the Torpedo Factory Artists' Associations' effort to provide exhibit opportunities for gifted artists in the community. In this show, each of the 13 students taking classes from TFAA artist and arts educator Marsha Staiger present one painting that represents their body of work.

❖ "Animal Kingdom" is the theme of the Torpedo Factory artists' exhibit and will showcase the best of what nature has to offer, including the wild and the tame.

Art Exhibit: Habitats. Through Sept. 22, gallery hours at Target Gallery at the Torpedo Factory, 105 North Union St., Studio 2. The newest group exhibition Habitats in Target Gallery, the contemporary exhibitions space of Torpedo Factory Art Center, poses the question, "What makes a habitat a home?" The selected artists address these questions and raise new ones. Work is presented in a diversity of media, from sculpture and photography to video and virtual reality. Visit torpedofactory.org/partners/target-gallery.

Mount Vernon Farmers Market. Wednesdays (through Dec. 18), 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane. The McCutcheon/Mount Vernon Farmers Market opened May 1 with an array of farm-fresh produce and local foods, plus some new features (fresh brewed coffee!). 17 local farmers and producers will sell fresh, locally grown vegetables and fruits; meats; Chesapeake Bay seafood; breads and pastries; honey, jams and jellies; milk, cheese and eggs; herbs and plants; and more. Visit www.fairfaxcounty.gov/parks/farmersmarkets.

Band Members Needed. Join the Mount Vernon Community Band, a group of players who enjoy playing many styles of band music in a relaxed atmosphere. Rehearsals are Tuesdays 7:30-9:30 p.m. in the Mount Vernon High School Band Room, 8515 Old Mount Vernon Road. No auditions. All instruments needed. Contact Eric Leighty directly 703-768-4172 or visit www.mvbands.com/join-us/.

FRIDAY/AUG. 23

Mount Vernon Nights: Lena Seikaly Quartet (jazz). 7:30-8:30 at Grist Mill Park, 4710 Mount Vernon Memorial Highway. Performances will feature musical styles from soul to and pop and bluegrass and rock. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's summer traditions. Visit www.fairfaxcounty.gov/parks/

performances/mt-vernon-nights for more.

SATURDAY/AUG. 24

Children's Performance: Groovy Nate. Alexandria Black History Museum, 902 Wythe St. Groovy Nate is a children's entertainer and Wolf Trap Teaching Artist who creates fun and educational shows using exotic musical instruments and ventriloquism. All ages are welcome, but most suitable for children 3-8 years old. \$5. Contact the museum for time and tickets. Email black.history@alexandriava.gov or call 703-746-4356, Virginia Relay 711.

Swim for Engie. 8-10 a.m. at Waywood Pool, 1027 Dalebrook Drive. Swim for Engie Swimathon in honor of Alexandria Residents Engie Mokhtar and Doug Prince. Proceeds will go to John Hopkins Kimmel Cancer Center. Swimmers of all ages welcome. \$10 suggested donation. Email swimforengie@gmail.com or visit bit.ly/swim4engie for more.

Watercolor Workshop: Unfinished Paintings. 9:30 a.m.-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. (Adults) Bring in any incomplete paintings to the session at Green Spring Gardens. Instructor and artist Marni Maree will point participants in the right direction and help resolve problem areas. Whether it's technique, color mixing, composition or value, she'll help. Receive individual attention, instruction and guidance to finish those paintings or begin new ones. Bring supplies to work in class. \$93/person. Register online at www.fairfaxcounty.gov/parks/parktakes/ using code 99F.BC10 or call Green Spring Gardens at 703-642-5173.

George Washington's Alexandria. 10 a.m.-11:30 at the Torpedo Factory, 101 N. Union St. Explore historic Old Town Alexandria as George Washington knew it. This 90-minute guided walking tour will explore sites associated with Washington and his closest colleagues. The tour begins behind the Torpedo Factory's south entrance, in front of Vola's Dockside Grill. Free. No reservations required. Offered by the Office of Historic Alexandria. Call 703-379-7460.

Beyond the Battlefield. 10 a.m.-noon at Lee-Fendall House Museum & Garden, 614 Oronoco St. A guided walking tour of Civil War sites in Historic Old Town featuring locations and stories associated with soldiers, citizens, and the enslaved, including the occupation of Alexandria and emancipation. \$15 in advance, \$20 gate. Visit www.leefendallhouse.org or call 703-548-1789.

Fall and Winter Vegetable Gardening.

10:30 a.m.-noon at Burke Library, 4701 Seminary Road. What can one plant when the weather starts to cool? Think healthful greens like kale, collards, bok choy and a wealth of lettuces. Learn what to plant when, and simple tips for success. Learn inexpensive techniques to extend a harvest and even how to enjoy crops in the dead of winter. This event is offered by Extension Master Gardeners. Free. Advance registration requested at mgnv.org. Questions? Telephone 703-228-6414 or email mgaralex@gmail.com.

Summer Saturdays. 11 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. Join Gunston Hall for a summer of fun. Each Saturday in June, July, and August, stop by for a historic adventure on the grounds and in the Visitor Center. Included with regular admission. Call 703-550-9220 or visit www.gunstonhall.org/visit/guide/upcoming-events.

Begonia Container Workshop. 1-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. (16-Adult) Pot up a begonia in a galvanized wall planter for an outdoor garden area with the help of begonia expert Johanna Zinn. Learn about beautiful begonias types that can grow in Virginia and how to care for them. \$38/person for the program and \$25/person for the supply fee. Register online at www.fairfaxcounty.gov/parks/parktakes/ using code 24A.DA18 or call Green Spring Gardens at 703-642-5173.

Mount Vernon Nights: Roy Bookbinder (acoustic blues). 7-8 p.m. at The Workhouse Arts Center, 9518 Workhouse Way, Lorton. Performances will range from disco to Indian Bollywood and acoustic blues to big band. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's summer traditions. Come early to the Workhouse Arts Center to explore its vibrant arts scene. Visit www.fairfaxcounty.gov/parks/performances/mt-vernon-nights for more.

SATURDAY-SUNDAY/AUG. 24-25

33rd Annual Begonia Show and Sale. Saturday, 9 a.m.-4:30 p.m.; Sunday, noon-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Sponsored by the Potomac branch of the American Begonia Society. Be tempted with splashes of color and shapes for homes and greenhouses that last long after frosts have put outdoor gardens to bed. The sale offers a wide variety of begonias, including subtropical species. Free. Call Green Spring

Food fit for a king on a family budget

DAILY FEATURES FOR EVERYONE!

Monday - 1/2 Price Burger Night
 Tuesday - Kids 12 & under Eat Free with accompanying adult. 1 child per adult.
 Wednesday - Roast Turkey Special
 Thursday - Lasagna Night
 Friday - Fish Fry
 Saturday & Sunday - Full Brunch Buffet with Omelette Station

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 Monday through October 20th

Kids 15 & Under admitted FREE
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 RAIN OR SHINE

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Reduced Admission through Sept. 8th!

ENTERTAINMENT

Gardens at 703-642-5173.

THROUGH AUG. 25

Alexandria Summer Restaurant Week. For 10 days and two weekends, more than 70 restaurants in Alexandria will offer a \$35 three-course dinner for one or a \$35 dinner for two. More than 35 restaurants will also offer lunch menus at \$15 or \$22 per person in addition to the dinner specials. Brunch lovers can enjoy brunch menus for \$15 or \$22 per person at nearly 20 restaurants. Visit www.AlexandriaRestaurantWeek.com or call 703-838-5005.

SUNDAY/AUG. 25

National Dog Day. 10 a.m.-noon at 2425 Eisenhower Ave (on the grassy knoll). On the eve of National Dog Day, enjoy a mid-morning social, featuring local dog businesses and fun fido activities. Visit www.FB.com/AlexandriaEcon for more.

Dyke Marsh Meetup, Walk with a Ranger. 11 a.m.-1 p.m. at Belle Haven Park/ Dyke Marsh Wildlife Preserve. Enjoy the outdoors on this 2-mile walk with a national park ranger to see the largest freshwater marsh in the nation's capital. Bring a pair of binoculars for viewing an eagle's nest and other marsh life. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/dykemarsh.htm.

Apothecary Geek Tour: A Magical Tour. 11:30 a.m.-12:30 p.m. at the Stabler-Leadbeater Apothecary Museum, 105-107 S. Fairfax St. Learn about the muggle botanical science that inspired the potions and herbology of J.K. Rowling's wizarding world on a tour of this 19th-century apothecary, and make your own magical sleeping potion. Recommended for ages 8 and up. The one-hour tour begins at 11 a.m. Please arrive a few minutes early to check-in at the front desk. \$15. Tickets are available at shop.alexandriava.gov/.

Junior Docent Tours. 2-5 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. These young historians, grades 4 and older, will be on hand to share highlights of the tavern and answer questions as guests journey through the museum. Great for families as children connect with the building through their peer tour guides as well as for adults looking for some inspiration. Included in regular admission: \$5 adults, \$3 children ages 5-12, and 4 and under are free. Call 703-746-4242 or visit www.gadsbystavern.org for more.

Chamber Concert Series. 3-5 p.m. at The Lyceum, 201 S. Washington St. The Washington Metropolitan Philharmonic Association sponsors a chamber music series, weekly through Sept. 15, at the Lyceum in Old Town featuring small ensembles and soloists. This week's performance features William McDaniel, piano. Free. Donations are appreciated. Visit www.wmpamusic.org or call 703-799-8229.

The Carter Gospel Singers. 4 p.m. at the Woodlawn-Faith United Methodist Church, 7010 Harrison Lane. The Carter Gospel Singers of Alexandria will be celebrating 50 years of singing ministry in honor of the original Carter Chorus Singers. The anniversary them is "We have come this far by faith." Call 571-552-0994 or visit www.woodlawnfaith.org for more.

Fort Hunt Park Concerts. Through Aug. 25, Sundays, 7-8 p.m. at Fort Hunt Park, Pavilion A, 8999 Fort Hunt Road. All are welcome for free community concerts held at Fort Hunt Park every Sunday. Free. Visit www.nps.gov/gwmp/planyourvisit/forthuntconcerts.htm for performer.



PHOTO COURTESY OF NATIONAL PARK SERVICE

Dyke Marsh

Dyke Marsh Meetup, Walk with a Ranger

Enjoy the outdoors on this two-mile walk with a national park ranger to see the largest freshwater marsh in the nation's capital. Bring a pair of binoculars for viewing an eagle's nest and other marsh life. Upcoming dates include Aug. 25, 31, Sept. 7, 14, 21, and 28, 11 a.m.-1 p.m. at Belle Haven Park/ Dyke Marsh Wildlife Preserve. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/dykemarsh.htm.

MONDAY/AUG. 26

Back to School. Fairfax County Public Schools first day of the 2019-2020 school year. Visit www.fcps.edu/calendars/2019-20-standard-school-year-calendar.

TUESDAY/AUG. 27

Jones Point Meetup. 11 a.m.-noon at Jones Point Park, Jones Point Drive. Join a national park ranger to explore the long history of this little piece of land and see the last remaining inland lighthouse on the Potomac River, once a beacon to boat captains and commerce on the river. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/jonespoint.htm for more.

7th Annual Toast to Health. 4-6 p.m. in The Lighthouse Lounge located on the second floor of the Port City Brewing tasting room at 3950 Wheeler Ave. The Northern Virginia Health Policy Forum is teaming up with the Port City Brewing Company and Society Fair Catering for their annual beer and cheese tasting. Celebrate another year of successful and informative health policy events from the Northern Virginia Health Policy Forum with this informal networking event. Free admission, RSVP required at www.eventbrite.com/e/august-nvhp-registration-68008295643.

Twilight & Tipple Tours. 6-9 p.m. at Pope-Leighey House, 9000 Richmond Highway. Experience Frank Lloyd Wright's Pope-Leighey House by twilight. This tour series is a rare chance to see one of Wright's houses illuminated against a night sky. Grab a drink, included in the price of the tour ticket, and walk through the house on a leisurely, open house style tour with plenty of time to take stunning photos. \$35. Visit www.woodlawnpopeleighey.org/ for more.

AUG. 27-SEPT. 29

Art Exhibit: "It's a Jungle Out There." Gallery hours at Potomac Fiber Arts Gallery, Studio 29, Torpedo Factory Art Center, 105 North Union St. Potomac Fiber Arts Gallery presents its juried show, "It's a Jungle Out There." Cheetahs, lions, rhinos, monkeys, hippos, and the

lands that they inhabit serve as inspiration for the pieces in this show. Themed work will be eligible for recognition by the jurors. Non-themed work may also be exhibited. Visit www.Potomacfiberartsgallery.com or call 703-548-0935.

THURSDAY/AUG. 29

Fort Hunt Meetup, Walk with a Ranger. 10:30-noon at Fort Hunt Park, 8999 Fort Hunt Road. Join a national park ranger on a 1.5 mile walk through historic Fort Hunt Park, be prepared to learn about some World War II secrets. Meet at Area E parking. Free. Call 703-235-1530 for more.

FRIDAY/AUG. 30

Mount Vernon Nights: Mars Rodeo (rock). 7:30-8:30 at Grist Mill Park, 4710 Mount Vernon Memorial Highway. Performances will feature musical styles from soul to and pop and bluegrass and rock. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's summer traditions. Visit www.fairfaxcounty.gov/parks/performances/mt-vernon-nights for more.

SATURDAY/AUG. 31

Youth Bike Classes. 10 a.m. at William Ramsay Recreation Center, 5650 Sanger Ave. The City of Alexandria is sponsoring a Youth Learn to Ride bike class, led by the Washington Area Bicyclist Association, for children 6-12. Youth Learn to Ride classes are intended for children who have either never tried to ride a bike or have tried but have not been successful. Each student must bring their own bike and helmet. Students will ride for approximately three hours, with breaks every hour. \$10. Register at waba.org/blog/2019/07/youth-learn-to-ride/.

Dyke Marsh Meetup, Walk with a Ranger. 11 a.m.-1 p.m. at Belle Haven Park/ Dyke Marsh Wildlife Preserve. Enjoy the outdoors on this 2-mile walk with a national park ranger to see the largest freshwater marsh in the nation's capital. Bring a pair of binoculars for viewing an eagle's nest and other marsh life.

Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/dykemarsh.htm.

Summer Saturdays. 11 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. Join Gunston Hall for a summer of fun. Each Saturday in June, July, and August, stop by for a historic adventure on the grounds and in the Visitor Center. Included with regular admission. Call 703-550-9220 or visit www.gunstonhall.org/visit/guide/upcoming-events.

Chamber Concert Series. 3-5 p.m. at The Lyceum, 201 S. Washington St. The Washington Metropolitan Philharmonic Association sponsors a chamber music series, weekly through Sept. 15, at the Lyceum in Old Town featuring small ensembles and soloists. This week's performance features Sasha Beresovsky, piano. Free. Donations are appreciated. Visit www.wmpamusic.org or call 703-799-8229.

Mount Vernon Nights: The Slocan Ramblers (bluegrass). 7-8 p.m. at The Workhouse Arts Center, 9518 Workhouse Way, Lorton. Performances will range from disco to Indian Bollywood and acoustic blues to big band. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's summer traditions. Come early to the Workhouse Arts Center to explore its vibrant arts scene. Visit www.fairfaxcounty.gov/parks/performances/mt-vernon-nights for more.

SUNDAY/SEPT. 1

Chamber Concert Series. 3-5 p.m. at The Lyceum, 201 S. Washington St. The Washington Metropolitan Philharmonic Association sponsors a chamber music series, weekly through Sept. 15, at the Lyceum in Old Town featuring small ensembles and soloists. Free. Donations are appreciated. Visit www.wmpamusic.org or call 703-799-8229.

SEPT. 2-27

Art Exhibit: "Patterns & Prints." Gallery hours at Scope Gallery, Studio 19, the Torpedo Factory Art Center, 105 North Union St. Ceramic Guild potters turn to hot togs as artistry en vogue, showing embossed

patterns, aggressive elaborate exteriors and groovy grooving. Colors are confident with saturated statements and contrasts of black and white. Hand-painted touches are the hemline talk of the season, with abstracts, urban touches and industrial adornment paving the way. Call 703-548-6288 or visit www.scopegallery.org.

TUESDAY/SEPT. 3

Back to School. Alexandria City Public Schools first day of the 2019-2020 traditional calendar school year. Visit www.acps.k12.va.us and click Calendar.

Jones Point Meetup. 11 a.m.-noon at Jones Point Park, Jones Point Drive. Join a national park ranger to explore the long history of this little piece of land and see the last remaining inland lighthouse on the Potomac River, once a beacon to boat captains and commerce on the river. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/jonespoint.htm for more.

WEDNESDAY/SEPT. 4

Encore Rocks Alexandria. Weekly rehearsals, Wednesdays, 11 a.m.-12:30 p.m. at Convergence, 1801 Quaker Lane. Encore's mission is to provide an excellent and accessible artistic environment for older adults, 55 and over, regardless of experience or ability, who seek arts education and performance opportunities under a professional artist. No auditions are required to sing. Singers learn vocal technique, proper breathing and posture, and music literacy. All concerts are free and open to the public. Fee is \$175 for weekly rehearsals, sheet music, practice CD, and performances. The Encore Choral repertoire includes traditional and secular holiday music. Visit www.encorecreativity.org or call 301-261-5747.

THURSDAY/SEPT. 5

Fort Hunt Meetup, Walk with a Ranger. 10:30-noon at Fort Hunt Park, 8999 Fort Hunt Road. Join a national park ranger on a 1.5 mile walk through historic Fort Hunt Park, be prepared to learn about some World War II secrets. Meet at Area E parking. Free. Call 703-235-1530 for more.

BBQ and BINGO. 6 p.m. at Friends of Guest House - Old Town Location, 120 South Payne St. Celebrate 45 years of helping thousands of women successfully reenter the community from incarceration and the opening of a new location. \$45. Visit www.eventbrite.com/e/friends-of-guest-house-45th-anniversary-bbq-bingo-tickets-62864199513 for tickets. Email marisa@friendsofguesthouse.org or call 703-549-8072 for more.

Discussion Series. 7-9 p.m. at Alexandria Black History Museum in the Watson Reading Room, 902 Wythe St. The Alexandria Baha'i Community is sponsoring a four-part series of talks about racism: Meaningful Conversation about Racism and What To Do About It. The first discussion is titled: What did we learn from El Paso? Email alexandriavabahais@gmail.com for more.

FRIDAY/SEPT. 6

Goodwin House Bailey's Crossroads Encore Chorale. Weekly rehearsals, Fridays, 1-2:30 p.m. at Goodwin House Bailey's Crossroads, 3440 South Jefferson St., Falls Church. Encore's mission is to provide an excellent and accessible artistic environment for older adults, 55 and over, regardless of experience or ability, who seek arts education

Chop Shop Taco Settles Into Neighborhood

BY HOPE NELSON

As the warm summer months gripped the region, a new taco shop opened its doors in North Old Town. For the past three months, Chop Shop Taco, a resident of the outpost of businesses dubbed the Madison Collective, has been dishing out tacos, margaritas and good vibes to its Alexandria neighbors.

APPETITE The shop's name isn't a misnomer – Chop Shop opened its doors in what was a former auto garage, and though now a restaurant it has kept a lot of the architectural motifs that have lingered from the building's old incarnation. The blend of old and new is at once comfortable and rustic, and chef and co-founder Ed McIntosh says that's the point.

"I do think there is a destination there. I think we will see different demographics

throughout the week," he said. "It's a great gathering place, and we really could not have opened at a better time of the year."

Another facet of the eatery's setup that people will take notice of is the communal seating. McIntosh says that's intentional.

"We want people to go shoulder to shoulder with people they haven't met yet," he said, adding that some customers have hit it off so well with their tablemates that they've made friends and started coming back into Chop Shop Taco together.

But the surroundings are only part of Chop Shop Taco's flavor. The main component is the food — a relatively simple menu that packs a big punch. As one might expect, tacos take center stage, both in the restaurant itself and of course at the front taco window. But diners will also find the likes of a handful of non-taco small plates (think salads, dips and shareable small bites) and sides like corn on the cob and Frito pie. House-made salsa garnishes many

of the dishes, and McIntosh says that level of care extends to the rest of the menu as well.

"It really is all about the process," he said. "When you walk in there's this sense of pride where you can see the masa balls being formed by hand."

That hand-created nature of the menu is one of Chop Shop Taco's hallmarks, McIntosh says.

"I'm proud to say I would rather have people doing it for us than saying we're trying to do it ourselves or take a shortcut," he said. "Just like a pizza or a pasta, once you start with a great base you're off to the races, you're off to a great start."

Chop Shop Taco opened just prior to the Metro's summer closure, and though the restaurant's business has continued apace, McIntosh is looking forward to the ensuing months, once the Metro reopens and the weather cools off.

"Opening right in May ... I do think there

If You Go

Chop Shop Taco, 1008 Madison St. **Hours:** 11 a.m.-11 p.m. Sunday, Wednesday-Thursday; 11 a.m.-midnight Friday-Saturday; closed Monday and Tuesday.

Showing up strong: "I think it's exceeded expectations as far as really being embraced by the neighborhood," says chef and co-founder Ed McIntosh.

was some fret about Metro shutting down and what that could do with us," but foot traffic and the neighborhood support have been great, from both the customer and employee sides of the coin, McIntosh said.

"Everything else is great and a bonus, but truly seeing people grow and be with us gives us a lot of confidence for what we could do in the future," he said.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

CALENDAR

and performance opportunities under a professional artist. No auditions are required to sing. Singers learn vocal technique, proper breathing and posture, and music literacy. All concerts are free and open to the public. Fee is \$175 for weekly rehearsals, sheet music, practice CD, and performances. The Encore Chorale repertoire includes traditional and secular holiday music. Open to residents and non-residents. Visit www.encorecreativity.org or call 301-261-5747.

FRIDAY-SATURDAY/SEPT. 6-7

Mirror Mirror: Orange Grove Dance. Friday, 8 p.m.; Saturday, 6 and 8 p.m. at Waterfront Park, 1 King St. The City of Alexandria commissioned a series of original site-specific performances for the sound-responsive, interactive installation Mirror Mirror. Composer and violinist David Schulman and Orange Grove Dance will perform on select dates between July and October. All performances are free and feature lawn seating. Lawn chairs and blankets are encouraged. Leave pets at home. Visit alexandriava.gov/publicart for details.

SEPT. 6-29

Art Exhibit: High Note. Gallery hours at Del Ray Artisans, 2704 Mt

Vernon Ave. Experience "High Note," exploring the connection between music and the mind. Music can unleash powerful memories, transporting listeners in space and time. Meet the artists, juror Britt Conley, and enjoy live music at the opening reception: Friday, Sept. 6, 7-9 p.m. Also enjoy for a musical performance benefiting the nonprofit Friends of ROAM Friday, Sept. 20, 8-9:30 p.m. Visit www.DelRayArtisans.org/event/high-note for more.

SEPT. 6-30

Solo Painting Exhibition: Draftsman 2019. Gallery hours at Gallery Underground, 2100 Crystal Drive, Suite 2120-A. Draftsman 2019 is the solo painting exhibition for the month of September of Arlington Artists Alliance member and T.C. Williams graduate Barry Barnett Keith. An opening reception is planned for Friday, Sept. 6, 5-8 p.m. Free. Visit galleryunderground.org or call 571-483-0652.

SATURDAY/SEPT. 7

The Buzz about Bees. 10 a.m.-noon at Green Spring Gardens, 4603 Green Spring Road. "Celebrate Honey Bee Day." Meet a beekeeper, look inside a beehive, learn a bee dance, go on a

bee scavenger hunt and discover how important bees are to the food supply. Members of the Northern Virginia Beekeepers Association will be on hand to offer tips on how you can help these important pollinators. Free. All ages. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/green-spring for more.

Used Book Sale. 10 a.m.-4 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane. Selection of over 20,000 gently used books, including children's books, fiction, history, biography, home and garden, cooking, crafts, sports, religion, travel, CDs, DVDs, and more. Unless specially priced, \$1 for hard backs, 50 cents for large paperbacks, and 25 cents for mass market paperbacks. Visit www.fairfaxcounty.gov/library/branches/friends-of-sherwood-regional.

Story Time for Little Historians. 11 a.m. at the Alexandria Black History Museum, 902 Wythe St., Alexandria. Enjoy cultural stories and creative craft activities that introduce world history and folklore. Featuring "The Dot" by Peter Reynolds. Afterwards, explore the museum exhibits to learn about local Black history. All ages welcome, but most suitable for children 4 and older. Admission is \$3 per person. All children must be accompanied by an adult. Call 703-746-4356 or RSVP at

shop.alexandriava.gov/Events.aspx. **Dyke Marsh Meetup, Walk with a Ranger.** 11 a.m.-1 p.m. at Belle Haven Park/ Dyke Marsh Wildlife Preserve. Enjoy the outdoors on this 2-mile walk with a national park ranger to see the largest freshwater marsh in the nation's capital. Bring a pair of binoculars for viewing an eagle's nest and other marsh life. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/dykemarsh.htm.

Essay and Poetry Contest Deadline. 5 p.m. Alexandria Library and the For Love of Country Foundation present the Annual Essay and Poetry contest, "Who has influenced your life, and why?" Rising 7th, 8th and 9th graders – enter and win up to \$100. Visit alexlibraryva.org/floc for details.

Country-Western Dance. 7-9:30 p.m. at Lincolnia Senior Center, 4710 North Chambliss St. The Northern Virginia Country-Western Dance Association will hold a dance with lessons, 6-7 p.m. and open dancing, 7-9:30 p.m. A DJ provides music. Couples and singles of all ages welcome. Admission for members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Smoke-free, alcohol-free. BYO refreshments. Visit www.nvcwda.org for more.

SUNDAY/SEPT. 8

Downton Abbey Tours. 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world of Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit www.leefendallhouse.org or call 703-548-1789.

Chamber Concert Series. 3-5 p.m. at The Lyceum, 201 S. Washington St. The Washington Metropolitan Philharmonic Association sponsors a chamber music series, weekly through Sept. 15, at the Lyceum in Old Town featuring small ensembles and soloists. Free. Donations are appreciated. Visit www.wmpamusic.org or call 703-799-8229.

MONDAY/SEPT. 9

Alexandria Encore Chorale. Weekly rehearsals, Mondays, 10:30 a.m.-noon at Convergence, 1801 Quaker Lane. No auditions are required to sing. All concerts are free and open to the public. Fee is \$175 for weekly rehearsals, sheet music, practice CD, and performances. Visit www.encorecreativity.org or call 301-261-5747.

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PHOTO BY MARILYN CAMPBELL

Jaelyn Wheeler is helping her children transitions from a care free summer to structured school year.

Back-to-School Anxiety

Easing in to the new year.

BY MARILYN CAMPBELL

After summer camps and a vacation abroad, Jaelyn Wheeler is easing her children into the new routine that they will face later this month when they return to school. She's purchased school supplies and created and laminated a schedule of activities for before and after school. "They've been staying up until the wee hours of the morning, but I've been getting them to bed early and waking them up early," she said. "I've bought organizational supplies from the Container Store to help organize their desks at home so they have a clear workspace for doing homework."

When months of swimsuits, summer camp and lazy days turn into early rising, classroom desks and school bells, many families will feel the shock of a sudden shift in schedule. Faced with the reality of nightly homework, the need to perform well academically and the peer pressure that often comes with returning to school, many parents and children can feel anxious about starting a new school year.

"Children often worry if they will be able to cope with the demands of their new grade, said therapist Carol Barnaby, LCSW-C. "Will they be smart enough? Will they disappoint their parents? Will their teacher like them? Will they fit in with their peers? Will they be bullied? Will they be good enough to make the sports team? The worries can go on and on."

The increased pressures of perfectionism in both academic and extracurricular endeavors can feel daunting, especially after an easy-going summer.

"The social stressors of fitting in, being included [and] being accepted combine to create stress that is only increased by social media," Vicki Kirsch, Ph.D., LCSW Associate Professor of Social Work at George Mason University. "It's not only the difficulties of finding a group to sit with in the cafeteria, but also now criticism and bullying through social media."

As children approach adolescence, peer pressure can intensify such stress, suggests Linda McKenna Gulyn, Ph.D., Professor of Psychology at Marymount University.

"In fact, new school year stress for school-aged children is usually more tied in with pressure to make friends, fit in, wear the right clothes, shoes and backpacks and who will be in their class," she said. "For parents, stress relates more to their expectations of

school performance and other school or extracurricular activities."

Parents can comfort and support their children by acknowledging and validating a child's angst, says Gulyn. "Listen to their concerns and anxieties about social relationships. Help them ease into the transitions," she said. "[Their anxiety] will probably be relieved after a day or two. For younger students it might help to check in with the classroom teacher about these concerns, then drop him or her an email."

As Wheeler did with her children, Barnaby encourages parents and children to develop and discuss the new daily routine to create a concrete awareness of the shifts that are about to occur. "Gradually easing into the schedule can help kids cope with stress and encourage a return to routines, she said. "That includes eight to ten hours of sleep each night, turning off and putting away electronic devices 60 minutes before bed, eating healthy meals and spending time together talking about plans to manage the demands of the new school year."

Managing such stress should include more than academics, like unstructured free time suggests Barnaby. "Try not over schedule children with too many activities," she said. "Create calming spaces in the home to unwind. Sit quietly with your child to just be together. Try a guided meditation. Make time to talk about how things are going, what things are going well and what things they are finding challenging."

Learning and practicing self-care at an early age is a useful way to manage stress, advises Kirsch. "[It's] perhaps the best way," she said. These tools are always with us and the only requirement is to practice self-care skills to increase their effectiveness. Deep, focused breathing, meditation, and mindfulness are all ways to manage stress. People often confuse these three techniques with each other, but they are individual skills that can overlap but can also be practiced separately."

"For example, one can do a regular activity such as washing one's hands or walking to the bus stop in a mindful way by focusing in the present and examining experiences utilizing the five senses. "What am I seeing, smelling, touching, hearing, and tasting?" continued Kirsch.

Gulyn encourages students to focus on the joy they will feel when they are reunited with their friends. "Keep in mind that most other kids are a little stressed and scared about back-to-school stuff, too," she said. "But now you are a grade higher and definitely ready for the next year."



PHOTOS FROM NEW HOPE HOUSING

Spread the Vote organization seeks to help people have what they need to vote, which usually starts with an ID. Two local chapters, Springfield/Alexandria and Falls Church/Arlington, have been doing that and more for shelter guests and street outreach clients.

Appreciating Volunteers

FROM PAGE 2

When they served, they also bring volunteers that help guests with employment, provide clothing, free HIV testing, and more. IW4AL also joined New Hope at its annual Black History Month Celebration. Volunteers pitched in for the program – performing a mime, singing, and reciting poetry. The event is a celebration, and IW4AL made sure that everyone in attendance was celebrating.

The Potomac School of McLean received the Allie McConnell Youth Service award (named for an outstanding young woman who volunteered for children's programs but died several years ago). Students invited New Hope staff to come speak to the 10th grade class about homelessness and ways that each student could be an active participant in ending homelessness. Students then volunteered at two group homes for homeless adults for their Day of Service, helping to landscape and clean. They then went back to school and created Welcome Home Baskets with cleaning supplies that they donated to shelter guests who are moving to permanent housing. They have now donated more than 70 cleaning baskets.

Dick Alderson was presented with the Jim Lund Lifetime of Service Award. He began volunteering in 2000 as a board member for New Hope Housing. As a lifelong resident of the Mount Vernon area, Alderson was in the position to offer insights into the changes the area has seen and to think critically about the future of the organization's role in the community. As board president in 2007, Alderson's leadership and strategic thinking skills were vital as New Hope began its first strategic planning process in years. After leaving the board of directors in 2010, he was elected to the Board of Trustees where he was a member of the Strategic Planning Task Force during the organization's expansion into Arlington County and the City of Alexandria.

After years of serving New Hope, Alderson sought out another organization to serve and he became a board member at Good Shepherd Housing. He did not forget about New Hope Housing, rather he and his family continue to "adopt" families at the holidays, purchasing gifts on their wish lists and helping provide household items to families as they move into housing. On a notable occasion, Alderson's fam-



Kate Bradley Papkin, CEO, Keller Williams Old Town/Alexandria & Jan-Michael Sacharko, development director, New Hope Housing.

ily took in a family over the holidays that had lost everything in a fire. Once they had new housing, he made sure they would have all the new household goods needed to make their new place a home. Alderson has previously been nominated for and received the Volunteer Fairfax Lifetime Volunteer Award in 2018 for his service to New Hope Housing and Good Shepherd Housing.

"We're grateful for the contributions of so many people that ensure our clients get to be part of their community," said Pam Michell, executive director of New Hope Housing. She added, "One of my favorite quotes about volunteering is something that all of our recipients understand: 'Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.'"

New Hope Housing is a nonprofit agency providing shelter, transitional and permanent supportive housing, outreach and support services for homeless families and single adults in Fairfax County, City of Alexandria, Arlington County, and City of Falls Church. Visit www.newhopehousing.org.

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-Werner Heisenberg

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"Barbasoul"



By KENNETH B. LOURIE

That was a close shave, if I may euphemistically characterize my most recent, blade-free brush with cancer-like symptoms, especially considering that I thought my life was at stake.

The pain was located around my left-side rib cage, exactly where the pain was on that fateful Jan. 1, 2009 day when I couldn't ignore it any longer and thus felt compelled to get off the couch and go to the emergency room.

Though I didn't have any shortness of breath, or difficulty inhaling, exhaling and bending over (all of which I had back then); nonetheless, I thought the worst and didn't fool around this time and made an appointment with my primary care physician as soon as possible, which was for the following day. I didn't have a great sleep that night but it was somewhat improved knowing I might get an answer the next day.

To say that my life was beginning to pass by is a bit of an overstatement to be sure, but it was moving around a little bit. Trying to bury/compartimentalize what a possible recurrence/resistance to my current standard of treatment would mean before I actually met with a physician and received cancer confirmation was the immediate task at hand.

Rationalizing that what symptoms I wasn't experiencing meant something positive/encouraging compared to what I felt 10 and a half years ago was one mental route I was traveling. The other was my usual and customary fall-back position: "It's nothing until it's something."

However, I have to admit "something."

Though I can't speak for all cancer patients/survivors; for me – in spite of my inherited-from-my-father positive attitude – being diagnosed with a "terminal" disease, as clearly described by my oncologist back in late February 2009, creates a sense of inevitability – as does the "13 month to two year" prognosis that followed.

Inevitability, as in one's demise (I'll never forget the walking-down-the-staircase-with-a-yo-yo example he used) and then death is only a matter of time. Time which you don't have and quality of life which you'll never get back.

And when that "inevitability" is most clear is when you have symptoms (related to your cancer or not); you don't know definitively, at least I never do, especially if those symptoms are identical to the ones that got you into this jackpot in the first place.

So yes, I've had a difficult few days fighting the inevitable feelings and wondering if my amazing good fortune had finally run out. After all, a "terminal" disease doesn't generally mean you go on living a normal life expectancy. Au contraire. It means you don't! And at some juncture, the cancer spreads beyond modern medicine's ability to manage it.

Then the patient is given a choice: stop the treatment and try to enjoy your remaining days without side effects, and thereby live a less cancer-centric quality of life with some freedom and independence – and hopefully feel some kind of better. And in those intervening days, try not to worry about the cancer doing what it inevitability (there's that word again) does, which is not cure itself. Or try some experimental treatment and hope for the best.

This is the emotional concern and challenge which hangs over my head. Never more so than when I have the symptoms that I did this past week.

Fighting the cancer and fighting these feelings is too much. One at a time I can handle.

Handle it I did as I sat in my doctor's office and in great detail, described my symptoms, and explained what I was feeling and what I wasn't. My internal medicine doctor listened intently as he has since the very beginning when I was first diagnosed. He was calm and reassuring in his assessment.

My symptoms he said were not cancer-related. They "were muscular," he continued, "on the outside of my lungs."

Not lung cancer at all. As such: No lab work. No X-Ray. No CT scan. No nothing. Another reprieve. Life goes on, until

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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LETTERS

FROM PAGE 6

their sample ballot?

Given the great influence sample ballots have on who gets elected and the way political parties control the process by requiring the above-described pledge, it is well past time for Virginia to concede the obvious and amend its election laws to permit party affiliation to appear on the ballot.

H. Jay Spiegel
Mt. Vernon

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

DONATIONS NEEDED

School Supply and Backpack Drive. 8 a.m.-4 p.m. at the Parent Resource Center, 2334 Gallows Road, Room 105, Dunn Loring. For the nearly 56,000 students in Fairfax County Public Schools living at the poverty line, obtaining school supplies can be difficult. FCPS is partnering with roughly 20 nonprofits and businesses to ensure that students will have the supplies they need this fall for its "Collect for Kids" campaign. A \$25 donation will fill a backpack with FCPS approved supplies for a student. Organize a collection drive of new backpacks in your community and bring to one of the Collect for Kids drop off locations. Visit www.collectforkids.org/get-involved or call 703-204-3941.

VOLUNTEERS WANTED

STEM Professionals Needed. Volunteers are needed to assist K-12 STEM teachers in northern Virginia as part of the American Association for the Advancement of Science's STEM Volunteer Program, stemvolunteers.org, during the 2019-20 school year, beginning in September. Please contact Don Rea at 571-551-2488 or donaledge@aol.com.

FRIDAY/AUG. 23

Ribbon-cutting Ceremony. 10 a.m. Lieber Gate, Fort Belvoir. As schools open, Fort Belvoir will be making changes at their entry gates. A ribbon cutting ceremony for Lieber Gate will be held at 10 a.m., with the gate opening for access later that day. Walker Gate access will close indefinitely at 6 p.m. on Aug. 23 for reconstruction of the Dogue Creek Bridge. Visit www.fairfaxcounty.gov/mountvernon/ for more.

SATURDAY/AUG. 24

Car Seat Safety Check. 9:30 a.m.-12:30 p.m. at the Franconia district police station, 6121 Franconia Road. Fairfax County Police Department offers free safety check and install events throughout the year to ensure children travel safely. In preparation for appointment, install the seat using the instructions that came with the car seat. Trained officers will review the car seat instructions and car owner's manual to be certain that they are being followed as they should.

MONDAY & WEDNESDAY/AUG. 28-SEPT. 25

Community Emergency Response Team Training. 7-11 p.m. at the Fire and Rescue Academy, 4600 West Ox Road, Fairfax. The Community Emergency Response Team (CERT) Program trains county residents in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. Emphasis on hands-on skill development and Fairfax County protocols and procedures. Instructor will provide syllabus with class schedule at first session. This training does not require any special physical strength or agility. Visit volunteer.fairfaxcounty.gov/custom/1380/#/opp_details/184989 to register.

SPECIAL SAVINGS FOR YOUR TOYOTA



**WELCOME TO ALEXANDRIA TOYOTA'S
PERSONALIZED CAR CARE EXPERIENCE**

**BUY 3
TIRES
AND
GET
THE
4TH FOR** **\$1**



**See Service
Advisor for details.
GOT TIRES?
INCLUDES ROAD HAZARD PROTECTION, TIRE
WARRANTY, AND FREE COURTESY INSPECTION.**

**BONUS: ADD A 4 WHEEL
ALIGNMENT FOR \$39.95**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 9/30/19.

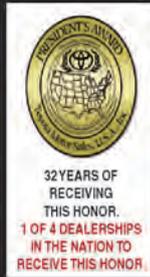
**CHECK ENGINE
LIGHT DIAGNOSIS
NO
CHARGE
INITIAL DIAGNOSIS**

**WE WILL RETRIEVE
VEHICLE CODES
& GIVE YOU
AN ESTIMATE
OF REPAIR COSTS.**



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Jack Taylor's
**ALEXANDRIA
TOYOTA**



**SAFETY FIRST ALWAYS!
Have Your Vehicle Checked
for Open Campaigns/Recalls
Recall Hotline: 703-684-0710**

SERVICE & PARTS DEPT HOURS:
Monday - Friday, 7:00am to 7:00pm
Saturday, 8:00am to 5:00pm

**YOU HAVE SATURDAY OFF.
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NOW AVAILABLE! Mile Services
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OIL & FILTER CHANGE

\$24⁹⁵ **\$34⁹⁵**

NON-SYNTHETIC

SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil*, inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 9/30/19.

BRAKE SPECIAL

\$79⁹⁵

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only.

MACHINE ROTORS ADDITIONAL

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SIGHT LINE WIPER BLADES

**BUY 1
GET 1
FREE**

Sight Line only.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY. GOOD THRU 9/30/19.

FREE BATTERY CHECK-UP

Check cold cranking amps and visual inspection of battery condition. Includes battery condition print out.

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TRUESTART™ BATTERIES

SPECIAL OFFER **\$129⁹⁵**

INCLUDES BATTERY INSTALLATION
Includes: 84 month warranty, 24 month free replacement,
24 month free roadside assistance.
Does not apply to hybrid batteries.

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ALIGNMENT SPECIAL

\$69⁹⁵

Your car's alignment suffers, and can cause uneven tire wear and steering problems.
INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

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ALEXANDRIA TOYOTA

CLEAN AIR A/C INSPECTION & VENTILATION SPECIAL

\$129⁹⁵

Includes: Replace cabin air filter, and Toyota Evaporator Service using anti-bacterial foam cleanser and odor eliminator.
Bring back that new car smell!

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CALL FOR AN APPOINTMENT AT 703-684-0710 OR SCHEDULE ONLINE AT ALEXANDRIATOYOTA.COM



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Now is the time to call Chris & Peggy White!

*Leading the Area in Real Estate. **SOLD!!!***

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INTERNATIONAL REAL ESTATE



4749 Neptune Dr
\$995,000

Significant price adjustment and open Sunday 1-4PM! A true estate caliber property! Spacious custom home nestled on beautifully manicured 3/4 acre grounds near river in prestigious Yacht Haven Estates! Home was carefully crafted with extensive covered verandas and elevated decks to capitalize on the privacy and serenity provided by gorgeous large wooded and lush environment. The home's special features include: 3 beautifully finished levels, 5 Bedrooms, stately living and dining rooms, large family room with fireplace, and stunning custom chef's kitchen. Numerous glass doors lead from major rooms to outside verandas, ideal for entertaining! Lot is large enough to accommodate spacious custom pool + extensive grassy area. Unique property providing character & graciousness that would be very difficult to duplicate!

MAJOR PRICE ADJUSTMENT!



9003 Patton Blvd
\$589,500

Finally - the one you've been waiting for! A fabulous property priced in the \$500k's! Amazing opportunity to acquire this spacious rambler in premier setting on half acre lot overlooking the rolling grounds of the Mt. Vernon Country Club.

Numerous special features include updated kitchen & baths, hardwood floors, 4 BR's, finished lower level, and covered parking for 1 car + storage. Unique combination of size, features and prime location make this one of the area's best values!

ONE LEVEL LIVING!



4401 Ferry Landing Rd

Most house for the \$ in fabulous Yacht Haven Estates! Classic Mid-Century charm. Features: open floor plan, large room sizes and expansive walls of glass to bring the natural beauty of the grounds to every corner of the home. Exceptionally spacious with two full finished levels, 4 BR's, 3 Full BA's, 2 FP's, all glass thermal replacement windows, gorgeous .5 acre lot, walk to river and MV Yacht Club

COMING SOON!



4296 Neitzey Pl
\$1,850,000

Truly spectacular estate in premier setting near the river in prestigious Oxford on the Potomac. Custom home capitalizes on its location with soaring high ceilings, glass walls and multi-level decks designed to capture sweeping views of the river & adjoining wooded areas. Special features include: multi-story entry foyer, grand room sizes, elegant interior finishes, elevator, truly breathtaking master suite with dramatic river views, and his & hers private baths. Nothing was spared in creating this unique, one of a kind masterpiece!

RIVER VIEWS!



3717 Carriage House Ct
\$898,500

Riverwood gem with all the updates and improvements you're looking for. Classic colonial façade enhanced with custom brick work and trim. Floor plan enhanced by 2 sunrooms creating open and bright interior.

Special features include: 3 finished levels, updated kitchen and baths, sun room additions, freshly refinished hardwoods, large deck overlooking serene back yard with ponds, basement with fireplace and custom bar, oversize 2 car garage. Great opportunity to be in one of the area's premier neighborhoods for under \$1 Mil!

RIVERWOOD GEM!



3249 Woodland Ln
\$1,060,000

Stunning opportunity! Custom home by Wakefield Homes, the area's leading luxury home builder. No expense was spared in this estate caliber property which was built with numerous upgrades and expanded floor plan. Special features include: stunning bright and open floor plan,

2 story entry foyer and family room, Chef's kitchen open to family room, huge master suite, gorgeous hardwood floors, finished lower level w/ full walk out, side load 2 car garage. Gorgeous setting on half acre lot in neighborhood with community access to Little Hunting Creek. Same home build today would cost thousands more!

STUNNING SETTING!



9303 Reef Ct
\$699,000

Exceptionally attractive opportunity! Spacious colonial with New Orleans flair on gorgeous half acre lot on quiet cul-de-sac just steps from the Mt. Vernon Yacht Club. Special features

include: main level master bedroom, upgraded Kitchen and baths, and oversize two car garage plus detached garage! Multi-level deck overlooks expansive half acre grounds!

CONTRACT!



3808 Colonial Ave
\$849,500

Updated colonial in prime location on quaint street near Mt. Vernon Estate! Fabulous home features bright, open floor plan and many updated items commonly found in \$1 Mil+ homes! Special features

include: high ceilings, open kitchen-family room, stunning master suite, finished lower level, and side load 2 car garage. Large deck overlooks back yard and private conservation land. Gorgeous setting!

SOLD!



9316 Heather Glen Dr
\$775,000

Fully renovated and expanded. Idyllic pool scene emphasized by walls of glass allowing views of the pool and tranquil back yard scene from many rooms! Special features include: 3 finished

levels, updated kitchen and baths, 4 bedrooms on upper level, incredible pool scene, and 2 car garage. Your own private oasis in Mt. Vernon!

SOLD!



4710 Dolphin Ln
\$629,500

Exceptional opportunity near river just steps from marina and club house in prestigious Yacht Haven Estates! Imposing home in commanding setting on elevated grounds overlooking neighborhood with some views of water. huge room sizes and very few steps

offer great potential for creating your own estate with close to one level living. Features include 5 bedrooms/4 full baths and amazing oversize two car garage. Rare opportunity to acquire property with true nautical estate vibe in premier setting for remarkably reasonable price!

SOLD!



3601 Riverwood Rd
\$785,000

Nicely situated 4 Bed, 2.5 Bath updated home in lovely Riverwood Community. Home features: updated custom Kitchen with granite countertops, stainless steel appliances, beautiful hardwood floors on main and upper level, master

suite with private bath and custom closet, replacement windows by Pella, gas fireplace, screened porch, fenced rear yard, and side load 2 car garage. Community has serene riverfront walking path and beachy area!

SOLD!



9505 Lynnhall Pl
\$1,250,000

Just completed: Top to bottom renovation maintains the stunning Antebellum character and charm! Potomac River views, expansive verandas & half acre lot give this home a

classic Tidewater Virginia feel. Brand new kitchen, baths, fixtures, flooring, the list goes on and on! Great opportunity for virtually new home in desirable Oxford neighborhood!

SOLD!

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